



Join us for our annual MNDA Santa's 5k run/walk
along Worthing Seafront and Park Run

SATURDAY 13TH DECEMBER 2025 @ 2PM

**MEET AT SPLASHPOINT ON THE GREEN AT 1:30 TO
COLLECT YOUR NUMBER/REGISTER**

Email judithrallen@hotmail.com for registration form

£10 Pre-registration / £15 on the day

Goodie bags for every entry!

All funds raised go to

MNDA West Sussex South Branch

Prizes:

1st Male Winner / Male Runner-Up

1st Female Winner / Female Runner-Up

Best Dressed

DOGS WELCOME ON A SHORT LEAD

