



Join us for
our next
event

Ayton House care home
Angmering music and
memory café launch

**Thursday 15th January,
10am - 12noon**

Join us at St Margaret's Church Hall for our free of charge dementia café. Meet others living with dementia and their loved ones, share experiences and access support over coffee and cake. Enjoy activities, from reminiscence sessions, music and arts and crafts, to cognitive stimulation exercises.

St Margaret's Church Hall
Arundel Road, Angmering,
Littlehampton BN16 4JS



Trusted to care.



Supported by Angmering and
Home Instead home care service
provider, Worthing and Steyning

To book please call
01903 337705 or email
caroline.thomas@careuk.com

