



Join our 'Big  
Dementia  
Conversation'  
event

**Ayton House care home, Angmering**

**Staying connected: A guide to  
dementia-friendly conversations**

**Tuesday 17th March, 2pm - 4pm**

Join us as we explore how to communicate more effectively with people living with dementia. Learn simple, practical ways to stay connected - helping to build understanding, ease frustration, and create more meaningful moments in everyday life.

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**Darlington Court care home, Rustington**

**Adjusting to a dementia  
diagnosis**

**Wednesday 4th March, 2pm - 4pm**

Listen to dementia specialist Barbara Stephens share insights into how your journey with dementia might unfold following a diagnosis and how to live positively with dementia.



Trusted to care

To attend please call  
**0333 060 7949** or visit  
[careuk.com/littlehampton](http://careuk.com/littlehampton)

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