



Join our 'Big
Dementia
Conversation'
event

Ayton House care home, Angmering

Staying connected: A guide to dementia-friendly conversations

Tuesday 17th March, 2pm - 4pm

Join us as we explore how to communicate more effectively with people living with dementia. Learn simple, practical ways to stay connected - helping to build understanding, ease frustration, and create more meaningful moments in everyday life.

Darlington Court care home, Rustington

Adjusting to a dementia diagnosis

Wednesday 4th March, 2pm - 4pm

Listen to dementia specialist Barbara Stephens share insights into how your journey with dementia might unfold following a diagnosis and how to live positively with dementia.



Trusted to care

To attend please call
0333 060 7949 or visit
careuk.com/littlehampton

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